



Legal Name: _____ Age: _____ Date of Birth: _____ Today's Date: _____

Height: _____ Weight: _____ Right Handed Left Handed Primary Care Physician: _____

Pharmacy Name and Location: _____ Pharmacy Phone Number: _____

History of Present Illness

Date current injury/symptom began: _____

If injury, is it: Work comp Motor vehicle accident Injured at home Sports injury

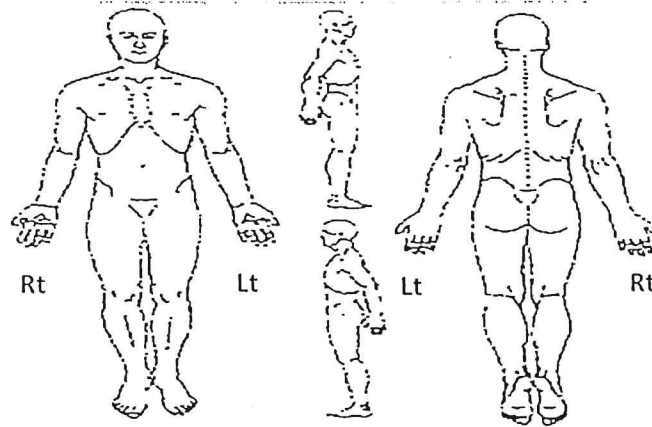
If car accident, were you: Driver Front seat passenger Back seat passenger Wearing seat belt? Y / N

Did you experience pain prior to this incident? No Yes If yes, when? _____ Was it work related? Y / N

Are you currently working? Yes No If no, when did you stop working? _____

Please provide a brief description of how the injury occurred: _____

Please use the diagram to show where your pain is located



Pain Location:

- Neck Dull-achy Sharp Burning Stabbing Numb Deep ache Pins and needles Comments: _____
- Right shoulder Dull-achy Sharp Burning Stabbing Numb Deep ache Pins and needles Comments: _____
- Left shoulder Dull-achy Sharp Burning Stabbing Numb Deep ache Pins and needles Comments: _____
- Right arm Dull-achy Sharp Burning Stabbing Numb Deep ache Pins and needles Comments: _____
- Left arm Dull-achy Sharp Burning Stabbing Numb Deep ache Pins and needles Comments: _____
- Middle back Dull-achy Sharp Burning Stabbing Numb Deep ache Pins and needles Comments: _____
- Lower back Dull-achy Sharp Burning Stabbing Numb Deep ache Pins and needles Comments: _____
- Right buttock Dull-achy Sharp Burning Stabbing Numb Deep ache Pins and needles Comments: _____
- Left buttock Dull-achy Sharp Burning Stabbing Numb Deep ache Pins and needles Comments: _____
- Right leg Dull-achy Sharp Burning Stabbing Numb Deep ache Pins and needles Comments: _____
- Left leg Dull-achy Sharp Burning Stabbing Numb Deep ache Pins and needles Comments: _____
- Other: _____ Dull-achy Sharp Burning Stabbing Numb Deep ache Pins and needles Comments: _____

Using the pain scale (0 = no pain to 10 = worst you can image) please indicate your pain:

Right now: 0 1 2 3 4 5 6 7 8 9 10

At worst: 0 1 2 3 4 5 6 7 8 9 10

At best: 0 1 2 3 4 5 6 7 8 9 10

How often do you have pain? Intermittently Constantly Daily Other: _____

Please describe your symptoms (example: I have constant burning pain in my back with intermittent sharp, shooting pain down my left leg into my foot.)

How do the following activities affect your pain?

Bed Rest	<input type="checkbox"/> Better <input type="checkbox"/> Worse	Sitting	<input type="checkbox"/> Better <input type="checkbox"/> Worse
Athletics	<input type="checkbox"/> Better <input type="checkbox"/> Worse	Prolonged positions	<input type="checkbox"/> Better <input type="checkbox"/> Worse
Bending	<input type="checkbox"/> Better <input type="checkbox"/> Worse	Standing	<input type="checkbox"/> Better <input type="checkbox"/> Worse
Changing positions	<input type="checkbox"/> Better <input type="checkbox"/> Worse	Walking	<input type="checkbox"/> Better <input type="checkbox"/> Worse
Coughing/sneezing	<input type="checkbox"/> Better <input type="checkbox"/> Worse	Working	<input type="checkbox"/> Better <input type="checkbox"/> Worse
Heat	<input type="checkbox"/> Better <input type="checkbox"/> Worse	Exercise/Stretching	<input type="checkbox"/> Better <input type="checkbox"/> Worse
Ice	<input type="checkbox"/> Better <input type="checkbox"/> Worse	Riding in car	<input type="checkbox"/> Better <input type="checkbox"/> Worse
Lifting	<input type="checkbox"/> Better <input type="checkbox"/> Worse	Twisting	<input type="checkbox"/> Better <input type="checkbox"/> Worse
Lying down	<input type="checkbox"/> Better <input type="checkbox"/> Worse	Other:	<input type="checkbox"/> Better <input type="checkbox"/> Worse

Have you used a back or neck brace? Yes No If yes, when? _____ Type back neck

Treatment results: No Relief Temporary Relief Lasting Mild Relief Lasting Moderate Relief Lasting Substantial Relief

Have you had any physical therapy? Yes No If yes, location? _____ When? _____

Treatment type: Exercise Ultrasound Whirlpool Massage Electrical Stimulation Phonophoresis

Work Hardening Diathermy Iontophoresis Ice Traction Triggerpoint Heat Tens unit

Treatment results: No Relief Temporary Relief Lasting Mild Relief Lasting Moderate Relief Lasting Substantial Relief

Have you had steroid injections of any type? Yes No

Date	Location (neck, back, joint)	X-ray Guided? (Yes/No)	Performed by (name/clinic)	Results of injection No relief / Temporary / Moderate / Substantial Relief

Have you had chiropractic care? Yes No If yes, when? _____

I had chiropractic in the form of: Manipulation Massage E-stim Acupuncture X-rays

Where? _____ Performed by? _____

Treatment results: No Relief Temporary Relief Lasting Mild Relief Lasting Moderate Relief Lasting Substantial Relief

Have you attended a pain clinic? Yes No If yes, when? _____

I had pain treatments in the form of: _____

Where? _____ Performed by _____

Treatment results: No Relief Temporary Relief Lasting Mild Relief Lasting Moderate Relief Lasting Substantial Relief

Have you had any of the following tests in relation to your condition, and if so what body part, when, and where was it performed?

X-ray CT MRI Ultrasound Myelogram Bone Scan Dexa Scan EMG

Functional Capacity Evaluation (FCE) Other: _____

Have you tried either prescription or over-the-counter medications? Yes No

OTC		Muscle Relaxants		Antiepileptics	
Tylenol	<input type="checkbox"/> Help <input type="checkbox"/> No help	Flexeril (Cyclobenzaprine)	<input type="checkbox"/> Help <input type="checkbox"/> No help	Lamotrigine	<input type="checkbox"/> Help <input type="checkbox"/> No help
_____	<input type="checkbox"/> Help <input type="checkbox"/> No help	Skelaxin	<input type="checkbox"/> Help <input type="checkbox"/> No help	Lyrica	<input type="checkbox"/> Help <input type="checkbox"/> No help
_____	<input type="checkbox"/> Help <input type="checkbox"/> No help	Soma	<input type="checkbox"/> Help <input type="checkbox"/> No help	Neurontin (Gabapentin)	<input type="checkbox"/> Help <input type="checkbox"/> No help
		Zanaflex	<input type="checkbox"/> Help <input type="checkbox"/> No help	Topamax	<input type="checkbox"/> Help <input type="checkbox"/> No help
			<input type="checkbox"/> Help <input type="checkbox"/> No help		
NSAIDS		Opioid Analgesics		Oral Steroid	
Advil	<input type="checkbox"/> Help <input type="checkbox"/> No help	Avinza	<input type="checkbox"/> Help <input type="checkbox"/> No help	Medrol Dosepak	<input type="checkbox"/> Help <input type="checkbox"/> No help
Aleve	<input type="checkbox"/> Help <input type="checkbox"/> No help	Darvocet	<input type="checkbox"/> Help <input type="checkbox"/> No help	Prednisone	<input type="checkbox"/> Help <input type="checkbox"/> No help
Ansaid	<input type="checkbox"/> Help <input type="checkbox"/> No help	Fentanyl Patch	<input type="checkbox"/> Help <input type="checkbox"/> No help		<input type="checkbox"/> Help <input type="checkbox"/> No help
Cataflam	<input type="checkbox"/> Help <input type="checkbox"/> No help	Kadian	<input type="checkbox"/> Help <input type="checkbox"/> No help	Antidepressants	
Celebrex	<input type="checkbox"/> Help <input type="checkbox"/> No help	Lortab (Hydrocodone)	<input type="checkbox"/> Help <input type="checkbox"/> No help	Amitriptyline	<input type="checkbox"/> Help <input type="checkbox"/> No help
Daypro	<input type="checkbox"/> Help <input type="checkbox"/> No help	Oxycontin	<input type="checkbox"/> Help <input type="checkbox"/> No help	Cymbalta	<input type="checkbox"/> Help <input type="checkbox"/> No help
Feldene	<input type="checkbox"/> Help <input type="checkbox"/> No help	Percocet (Oxycodone)	<input type="checkbox"/> Help <input type="checkbox"/> No help	Elavil	<input type="checkbox"/> Help <input type="checkbox"/> No help
Ibuprofen	<input type="checkbox"/> Help <input type="checkbox"/> No help	Tylenol w/ Codeine	<input type="checkbox"/> Help <input type="checkbox"/> No help	Paxil	<input type="checkbox"/> Help <input type="checkbox"/> No help
Indocine	<input type="checkbox"/> Help <input type="checkbox"/> No help	Tylox	<input type="checkbox"/> Help <input type="checkbox"/> No help	Prozac	<input type="checkbox"/> Help <input type="checkbox"/> No help
Lodine	<input type="checkbox"/> Help <input type="checkbox"/> No help	Ultram (Tramadol)	<input type="checkbox"/> Help <input type="checkbox"/> No help	Xanax	<input type="checkbox"/> Help <input type="checkbox"/> No help
Mobic	<input type="checkbox"/> Help <input type="checkbox"/> No help	Vicodin (Hydrocodone)	<input type="checkbox"/> Help <input type="checkbox"/> No help	Zoloft	<input type="checkbox"/> Help <input type="checkbox"/> No help
Motrin	<input type="checkbox"/> Help <input type="checkbox"/> No help		<input type="checkbox"/> Help <input type="checkbox"/> No help		<input type="checkbox"/> Help <input type="checkbox"/> No help
Naprelan	<input type="checkbox"/> Help <input type="checkbox"/> No help	Topical		Anxiolytics	
Naproxen	<input type="checkbox"/> Help <input type="checkbox"/> No help	_____	<input type="checkbox"/> Help <input type="checkbox"/> No help	Vistaril	<input type="checkbox"/> Help <input type="checkbox"/> No help
Naprosyn	<input type="checkbox"/> Help <input type="checkbox"/> No help	_____	<input type="checkbox"/> Help <input type="checkbox"/> No help	_____	<input type="checkbox"/> Help <input type="checkbox"/> No help
Relafen	<input type="checkbox"/> Help <input type="checkbox"/> No help	_____	<input type="checkbox"/> Help <input type="checkbox"/> No help	_____	<input type="checkbox"/> Help <input type="checkbox"/> No help
Voltaren	<input type="checkbox"/> Help <input type="checkbox"/> No help				

Are you currently taking prescription or over-the-counter medication? Yes No If yes, please fill out below

Medication	Dose	Quantity	Medication	Dose	Quantity
	mg	times a day		mg	times a day
	mg	times a day		mg	times a day
	mg	times a day		mg	times a day
	mg	times a day		mg	times a day
	mg	times a day		mg	times a day
	mg	times a day		mg	times a day
	mg	times a day		mg	times a day
	mg	times a day		mg	times a day
	mg	times a day		mg	times a day

No Known Medical Allergies

Allergy	Reaction	Allergy	Reaction
<input type="checkbox"/> Penicillin		<input type="checkbox"/> Demerol	
<input type="checkbox"/> Aspirin		<input type="checkbox"/>	
<input type="checkbox"/> Morphine		<input type="checkbox"/>	
<input type="checkbox"/> Codeine		<input type="checkbox"/>	
<input type="checkbox"/> Sulfa		<input type="checkbox"/>	

Social History

Highest level of education: GED Graduated High School Some College Graduated College Trade School
Grade level completed: _____

Military Service: Yes No Branch? _____ How long? _____

Present employment status: Full time Part time Retired Disability
Current Employer: _____ Occupation: _____ How long? _____
Date Stopped working? _____ Previous employer _____ How long? _____
Do you have physical work restrictions? Yes No If yes, what are they? _____
Do you have an application pending or do you intend to apply for workers compensation or disability? Yes No
Do you have a pending lawsuit for your pain or injury? Yes No Name of attorney: _____

Marital Status: Single Married Domestic Partner Divorced Separated Widowed
Number of Children: _____

Do you use nicotine products?
 No, Never
 Yes How much? Pack Can Cigar Nicotine Gum/Patch _____ per day for _____ years
 Former Use, Stopped on: _____ How much did you use? Pack Can Cigar _____ per day for _____ years

Do you use alcohol? None Yes, _____ # of drinks/day/week/month
Do you use recreational drugs? Yes No If yes, please list: _____
Do you have a history of Alcoholism, drug abuse, or addiction? Yes No

Caffeine use: None Minimal Moderate Heavy

Exercise: None Daily Weekly _____ # per week Type? _____

Diet: No specific Diabetic Low Fat Low Salt Vegetarian Weight Reduction Other:

Family History

- Unknown
- I have no family history of heart disease, cancer or other serious illness
- Heart disease Who and what kind? _____
- Cancer Who and what kind? _____
- Other: _____

Previous/Ongoing Medical Problems

- | | | |
|--|---|--|
| <input type="checkbox"/> None | <input type="checkbox"/> Emphysema | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Environmental Allergies | <input type="checkbox"/> Parkinson's Disease |
| <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Gastroesophageal Reflux | <input type="checkbox"/> Pulmonary Disease |
| <input type="checkbox"/> Blood Clot | <input type="checkbox"/> Gout | <input type="checkbox"/> Prostate Problems |
| <input type="checkbox"/> Cancer _____ | <input type="checkbox"/> Hay Fever | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Chronic Immunity Problems | <input type="checkbox"/> Heart: _____ | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Hypertension / High Blood Pressure | |
| <input type="checkbox"/> Depression | <input type="checkbox"/> High Cholesterol | |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Kidney Disease | |
| <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Migraines | |

Are you currently pregnant, believe that you may become pregnant or nursing? Yes No N/A

Previous Spine Surgeries

I have never had surgery on my spine

Date of Surgery: _____ Surgeon Name: _____

Hospital: _____ City, State: _____

Reason: _____ Surgery Performed: _____

Results: Pain Free Very Good Good Some Help No Change Worse

Date of Surgery: _____ Surgeon Name: _____

Hospital: _____ City, State: _____

Reason: _____ Surgery Performed: _____

Results: Pain Free Very Good Good Some Help No Change Worse

Previous Surgeries

- | | |
|--|---|
| <input type="checkbox"/> None | <input type="checkbox"/> Knee Arthroscopy <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Bilateral |
| <input type="checkbox"/> Appendectomy | <input type="checkbox"/> Knee replacement <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Bilateral |
| <input type="checkbox"/> Biopsy of _____ <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Benign <input type="checkbox"/> Malignant | <input type="checkbox"/> Mastectomy <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Bilateral |
| <input type="checkbox"/> Cardiac Surgery: _____ | <input type="checkbox"/> Prostatectomy |
| <input type="checkbox"/> Carpal Tunnel <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Bilateral | <input type="checkbox"/> Radiation Therapy: _____ |
| <input type="checkbox"/> Cataract <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Bilateral | <input type="checkbox"/> Thyroidectomy |
| <input type="checkbox"/> Gallbladder | <input type="checkbox"/> Tonsillectomy |
| <input type="checkbox"/> Hip Replacement <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Bilateral | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Hysterectomy <input type="checkbox"/> Uterus only <input type="checkbox"/> Uterus and Ovaries | |

Medical Screening(s)

Colonoscopy Screening:

Date: _____ Type: Fecal Occult Blood (FOBT) / Colonoscopy Result: Normal / Abnormal

Comments: _____

Breast Cancer Screening:

Date: _____ Mammogram Result: Normal / Abnormal

Comments: _____

Cervical Cancer Screening:

Date: _____ Pap Test Result: Normal / Abnormal

Comments: _____

Influenza Vaccination Status:

Date: _____ Received / Declined Declined Reason: Patient / Medical

Comments: _____

Pneumonia Vaccination Status:

Date: _____ Received / Declined Declined Reason: Patient / Medical

Comments: _____

Review of Systems - Check any of the following symptoms you are experiencing

No further complaints

General: fever sweats chills decreased energy/activity level major weight gain major weight loss
 change in appetite

HEENT: runny nose nose bleeds sinus congestion/pain ringing in the ears hearing loss vision changes
Do you wear a hearing aid? Yes No Do you wear? contacts glasses

Cardiac: chest pain heart palpitations tachyarrhythmia difficulty breathing lightheaded dizziness

Endocrine: excessive thirst excessive urination heat intolerance diabetes thyroid problems
 cold intolerance

GI: abdominal pain abdominal bloating vomiting heart burn reflux constipation diarrhea
 bowel incontinence bloody stools

GU: urinary incontinence urinary frequency/urgency erectile dysfunction pain w/urination prostate problems
 vaginal problems postmenopausal irregular menstrual cycles post hysterectomy

Hema/Lymph: anemia easy bruising swollen nodes

Musc/Skel: joint inflammation joint restriction joint pain back pain muscle pain muscle swelling
 neck pain

Neuro: poor balance poor coordination limp seizure disorder paralysis numbness
 weakness in any extremity: arm leg

Psych: stress depression sleep disturbance mood changes

Respiratory: snoring sleep apnea recent upper respiratory infection wheezing cough blood stain
sputum

Skin: rash birth marks discoloration of the skin non-healing skin lesions

The above information is true to the best of my knowledge: _____

Patient or patient representative signature